

SUMMARY

Teco Diagnostics OBGYN-VpH Vaginal pH Screening Kit is an easy, single-use device designed for testing pH in the vagina.

The Vaginal pH Screening Kit is packaged with a test strip and sterile cotton swabs. The cotton swab is inserted into the vagina to moisten the cotton swab. It is then applied onto the pH test pad on the test strip. A number is determined by comparing the color of the pH test pad to the color chart. A normal vaginal pH of 4.5 is important for your health.

Vaginal infections can be due to a variety of causes. This screening kit does not identify specific causes of vaginal infection.

A pH of 5.0 or higher usually requires attention from your doctor. Your doctor can perform further testing and can identify the causes of your symptoms.

This screening kit is for over-the-counter, home use only.

WHEN DO I NEED TO USE OBGYN-VpH TEST STRIPS?

Use the OBGYN-VpH Vaginal pH Screening Kit if you experience these symptoms:

- Unusual vaginal discharge
- Itching
- Pain or burning while urination or sexual intercourse

This test may help decide if your symptoms require a follow-up from your doctor. Please seek medical attention if you continue to experience symptoms or if your test result is above 5.0.

This is NOT a test for diseases such as HIV, Chlamydia, herpes, gonorrhea or syphilis.

WARNINGS AND PRECAUTIONS

Please read all of the following information before performing the test.

- For vaginal pH testing only.
- This is NOT a test for STDs, such as HIV, Chlamydia, herpes, gonorrhea, or syphilis.
- Follow directions exactly for best results.
- Keep out of reach of children.
- Do not touch test area of the strip.
- Used strip should be discarded after use.

STORAGE AND HANDLING

- Store at room temperature 15° 30°C (59° 86°F).
- Keep out of direct sunlight.
- Do not open pouch until ready to use.
- Do not use after expiration date.

DIRECTIONS

Please read all the directions before performing the test. Testing your vaginal pH is quick and easy. Take your time and wash your hands before you perform this test.

- 1. Remove the test strip and the cotton swabs from their pouches.
- 2. Place the test strip on a flat surface in a well lit area.
- 3. Stand using one foot on the toilet seat or other firm surface.
- 4. Gently spread apart the folds of skin that cover the opening of the vagina.
- 5. Insert the cotton side of the cotton swab gently into your vagina.
- 6. Insert half of the cotton swab into your vagina.
- 7. Gently tilt the cotton swab so the tip touches the wall of the vagina. Hold it there for 5 seconds.
- 8. Remove the cotton swab from the vagina. Be careful not to touch the tip of the cotton swab against anything.
- 9. Gently drag the cotton swab across the test area on the test strip.
- 10. For most accurate results, immediately compare the test area to the color chart on the pouch. Find the color block that is closest to the color on the test strip. This is your vaginal pH.
- 11. Record the results and compare them to the table on the pouch.

If you have any questions about the Vaginal pH Screening Kit, please contact our Customer Service at 1-800-222-9880. For medical questions, please ask your doctor.

RESULTS

Normally, the vaginal pH is around 4.5. If your vaginal pH is 5.0 or above, please talk to your doctor about your symptoms and the results of this test.

LIMITATIONS OF USE

Comparison to the color chart is dependent on the user. Reading of the results may be affected if you have color blindness.

As with all rapid tests, major decisions about your health should not be based on any single test result. Consult your physician if you have any questions or concerns.

PERFORMANCE CHARACTERISTICS

The performance characteristics of the Vaginal pH Screening Kit have been determined both in the lab and in clinical studies. The pH test pad reports pH values in 0.5 intervals between 4.5 and 7.5.

This kit has been waived under CLIA.

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Manufactured by:

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